

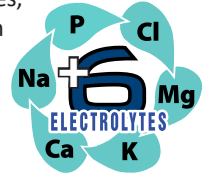
**PEAK ATP**  
REAL ENERGY. REAL ATP.

### What Is ATP?

ATP is the abbreviation of adenosine triphosphate, a molecule that stores and carries energy in your cells. As your body digests dietary intake, ATP captures chemical energy from the breakdown of food molecules. This energy currency powers metabolic reactions, transports required substances and facilitates the mechanics of muscle movement.

## Re-energize with **Peak Endurance**

Taking Peak Endurance's source of ATP gives you an energetic boost that helps you to keep moving through all levels of exertion. The formulation also replenishes six electrolytes, six B vitamins and vitamin C to maximize the physical benefits of this dietary supplement.



The PEAK ATP® in Peak Endurance supplements your body's production of cellular energy. Depleted during intense physical activity, ATP levels are also reduced over the years by the aging process.



**Clinically validated**  
benefits from taking 400 mg  
of PEAK ATP® daily in two  
scoops of Peak Endurance  
include increased:

- muscle thickness
- lean body mass
- total strength
- peak power

Ages	Recommended Amounts of Peak Endurance
17 and older	2 scoops (16.66 g) in 12 oz of water (pre-workout)
	1 scoop (8.33 g) in 10 to 20 oz of water twice daily (maintenance)
8 to 16	Two teaspoons (6g) in 8 to 16 oz of water once a day.



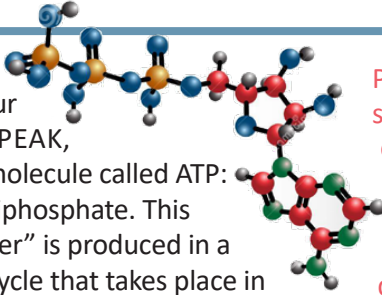
Summer is a seasonal time to enjoy cool, refreshing watermelon. Create slices of energy by sprinkling some Peak Endurance powder onto this juicy, crunchy fruit and enjoy a blueberry-açai, tasty twist of flavor.



**2** servings of **Peak Endurance** provide 400 mg of **PEAK ATP**, the optimum amount for improving endurance and muscle recovery.

### Peak Endurance helps:

- Increase energy
- Improve blood flow
- Enhance strength
- Reduce fatigue
- Aid recovery



To stay at your **ENERGETIC PEAK**, you need a molecule called ATP: adenosine triphosphate. This “energy carrier” is produced in a continuous cycle that takes place in the mitochondria, the power plants of your cells.

PEAK ATP® is an oral source of supplemental ATP that increases extracellular levels to support your body’s own production of this “energy molecule.” Proven to be effective after a single dose, PEAK ATP® is the main ingredient in Peak Endurance.

**D**uring the aging process, less ATP is produced in the body, making supplementation with Peak Endurance a “balancing” approach to maintaining energy levels.



### Fun Facts about ATP

- ATP powers the sodium-potassium pump that transfers sodium out of cells and potassium into cells. [bit.ly/SP\\_Pump](http://bit.ly/SP_Pump)
- Scientists believe that even the most ancient of single-celled organisms used ATP for energy. [bit.ly/EarlyATP](http://bit.ly/EarlyATP)
- Oral ATP supplementation has been found to increase recovery from exercise.

J Antroplasty. 2014, 29:12

“Anyone who wants to maintain their cellular health should take Peak Endurance.”

**Kim Shallcross**  
AIM Customer

*Testimonials should not be construed as representing results that everyone can achieve.*



Adults of all ages can boost their energy levels by drinking Peak Endurance, from sedentary seniors to active fitness buffs.

Along with boosting ATP levels in the body, Peak Endurance provides vitamin C, six B vitamins (B1, B2, B3, B5, B6, B12) and six electrolytes (sodium, potassium, calcium, phosphorus, magnesium, chloride) for a well-balanced energy drink.



A 2017 study showed that recreational resistance-trained males increased their energy expenditure when doing weighted half-squats by taking 400 mg of ATP: the amount you get in two servings of Peak Endurance.

[bit.ly/400mgATP](https://bit.ly/400mgATP)

## B Benefits

B vitamins work together and individually to convert food into fuel that energizes you, helping your body run optimally. B benefits are plenty, everything from promoting healthy skin, hair, liver, brain and digestive and nervous systems to helping prevent early aging.

- **Vitamin B1 (Thiamin)**
- **Vitamin B2 (Riboflavin)**
- **Vitamin B3 (Niacin)**
- **Vitamin B5 (Pantothenic Acid)**
- **Vitamin B6 (Pyridoxal, Pyridoxine, Pyridoxamine)**
- **Vitamin B12 (Cobalamin)**

### Top 5 Reasons to Take Electrolytes

- 1 Reduces Risk of Cramping
- 2 Keeps Your Body in Balance
- 3 Allows for Peak Performance
- 4 Protects Muscles against Damage
- 5 Helps the Body Maintain Fluid Balance

+electrolytes-



Up to 5.5 gallons of Peak Endurance can be made from a single 300-gram canister.